

Welcome to Plants, where we celebrate delicious, plant-based cooking. Every day our chefs take simple, seasonal ingredients and turn them into something special for you.

Breakfast

served until 11.15

Avocado Mousse on pan-fried garlicky sourdough 9

Creamy Truffle Mushrooms on pan-fried garlicky sourdough 12.5

Harissa and garlic Butterbeans with zesty Rainbow Chard on pan-fried garlicky sourdough 12.5

extras Avocado Mousse 3 | Harrisa Butterbeans 4.5 | Creamy Truffle Mushrooms 4.5

Vanilla Pancakes with maple syrup, roasted berry compote 11

Creamy Almond Butter Oat Porridge with fruit compote 7.5

Homemade Maple Cinnamon Nut Butter on sourdough toast 6.5

Coconut Yoghurt & Deliciously Ella Granola Parfait with rhubarb & mixed berry compote, fresh blueberries 6.5



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Lunch/Dinner

 $48-Hour\ Sourdough\ Flatbread\ {\rm with\ homemade\ cultured\ butter\ 6}$

Starters

Crispy Fried Okra spicy peanut sauce, sourdough breadcrumbs and zesty baby watercress 13

Plants Pearl Barley Salad tricolore carrots, salty fingers, fennel pollen, grapefruit & Dijon dressing 13

Spicy Vegetable Fritters zesty pea puree and spicy coconut yoghurt 13

Heritage Tomato Salad with avocado mousse, fried chickpeas and basil cress 13

Mains

Spring Risotto with white and green asparagus, truffle oil and marjoram 19

Crispy Tempura Aubergine with spicy black harissa rice, sultanas and pistachio crumb 19

Cacio e Peppe with macadamia parmesan, kampot black pepper and pistachio 19

Asian Noodle Salad pickled cucumber, ginger, radish, mango, mangetout with a tamari dressing 17

Maple Glazed Cauliflower with spicy butterbean puree and a hazelnut and mint pesto 19

Sides

Spicy Miso Charred Broccoli with pumpkin seeds and Alepo chilli flakes 9

Smashed Roast Potatoes with homemade hazelnut & mint pesto 8

Caesar Coleslaw lentils, fried capers, spicy peanuts 9

Polenta Fries jalapeño aioli 8



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Desserts

Lemon & Raspberry Cake 13

lemon gel, cashew icing, raspberry crisp

Sticky Toffee pudding 13

rich toffee sauce, vanilla cream

Rhubarb Mille-Feuille 13

vanilla cream, rhubarb reduction, almond crumb

Mango & Passionfruit Chocolate Torte 13

pistachio crumb, mango and passionfruit crème fraiche

Drinks

Still water	4.5	Juices &	
Sparkling water	4.5	Smoothies	
Homemade raspberry lemonade	5.5	Smoothes	
Pomegranate & basil tonic	4.5	Freshly Pressed Orange Juice	5.5
Cranberry & ginger tonic	4.5	Troomy Trooped Crange Janes)')
Cucumber & watermelon tonic	4.5	Feel The Beet Juice	5.5
Classic tonic	4.5	Beetroot, carrot, apple & lemon	
Original kombucha	5.95	Circum Dant Ivian	5.5
Passion fruit kombucha	5.95	Ginger Root Juice Cucumber, apple, lime & ginger	
Ginger kombucha	5.95	cucumber, uppie, inne a ginger	
Raspberry kombucha	5.95	Super Greens Juice	5.5
Iced earl grey tea, lemon juice & agave	6.5	Spinach, kale, cucumber, celery, apple	
Everleaf Marine Zesty bergamot, juniper & tropical sea buckthorn Everleaf Mountain Cherry blossom, strawberry and rosehip Everleaf Forest Saffron, orange blossom and vanilla Hot Drinks		Creamy Greens Smoothie Mango, avocado, spinach, green spirulina, almond butter, coconut milk, dates & a splash of lime	7
		Berry Breakfast Smoothie	7
Single espresso	2.5	Blueberries, raspberries, banana,	/
Double espresso	2.75	vanilla plant protein, peanut butter,	
Americano	2.75	oats & almond milk	
Flat white	3.75	Date & Almond Shake	7
Hot chocolate	3.95	Bananas, dates, cinnamon cacao,	7
Praline or Chilli +0.50		almond milk & almond butter	
Mocha	4		
Matcha latte	4	Extras	1
Chai latte	4	Vanilla plant protein, peanut or	
Turmeric latte	4	almond butter, gluten free oats, green	
Single macchiato	2.75	spirulina, ginger	
Double macchiato	2.95	Make your own	6.5
Cappuccino	3.75	Choose from our selection of fruits	
Latte	3.75	and vegetables	
Tea	2.5		
Jasmine Green, Mint, Citrus Rooibos, Chamomile, Ginger & Lemongrass, Berry, English Breakfast, Earl Grey			

Choose from oat, almond or coconut milk alternatives



Wine

Sparkling			
Zarlino Prosecco DOCG	Italy	10.5	42
Canard-duchêne Brut NV, Champagne	France		85
Bollinger Special Cuvée, Champagne	France		98
White			
Languore Trebbiano Chardonnay Rubicone	Italy	7-5	30
Sugarbush Hill Sauvignon Blanc	South Africa	8.5	34
The Parodist Pinot Grigio	Hungary	8.5	35
Baron de Baussac Viognier	France	9.5	42
Domaine Passy Le Clou Chablis	France	15	64
Greywacke Sauvignon Blanc, Marlborough	Nz		75
Chablis 1er Cru Fourchaume, Domaine Chatelaine	Burgundy		120
Meursault Bouzerou Gruere	Burgundy		170
Rose			
Ombrellino Pinot Grigio Blush	Italy	7.5	34
Les Bois Des Violettes Rosé	France	8	30
Whispering Angel Rosé	France		79
Red			
Languore Sangiovese	Italy	7.5	30
Five Ravens Pinot Noir	Romania	8	29
Beauté Du Sud Malbec	France	9	32
Rioja Reserva Dehesa De Gazina	Spain	13	51
Château Marsac Seguineau Margaux	Bordeaux		67
Rioja Gran Reserve, Marqués De Rascal	Spain		78
Zinfandel	California		80
Gevrey Chambertin Alexander Gauvin	Burgundy		95

Cocktails

House Bloody Mary Basil infused Sapling Vodka, Sriracha, Tomato Juice, Salt & Pepper	12	
Hugo Prosecco & Elderflower	12	
Spiced Chocolate Negroni Bombay Sapphire Gin, Martini Rosso, Campari, Spiced Chocolate Bitters	12	
Spicy Picante Reposado Tequila, Agave, Lime, Chilli	12	
Perfect Thyme Gin, Thyme, Rhubarb & Ginger, Lemon Juice, Agave	12	
Hibiscus Summer Cup Hibiscus Juice, Sloe Gin, Lemon Juice, Agave, Cucumber & Watermelon DD	12	27524
White Sangria White Wine, Everleaf Mountain, Peach Liquor, Cranberry & Ginger Double Dutch	7.5	375mi
Red Sangria Red Wine, Fresh Orange Juice, Mixed Berry Corial, Classic Indian Tonic	7.5	15

Beer

Siren soundwave IPA 5.6% 330ml		6.95
Lucky saint lager 0.5% 330ml		6
Lukas helles lager 4.2% 330ml		6.95
Spirits		
Canling Vadles	35ml	50ml
Sapling Vodka	4.5	8.5
Bombay Gin	4.5	8.5
Gordons Sloe Gin	4.5	8.5
Non-Alcoholic		
Everleaf Marine, Botanical Spirit 35ml Zesty bergamot, juniper and tropical sea buckthorn		4.5
Everleaf Mountain, Botanical Spirit 35ml Cherry blossom, strawberry and rosehip		4.5
Everleaf Forest, Botanical Spirit 35ml Saffron, orange blossom and vanilla		4.5